



During the 18th century a number of Beef steak clubs started to appear in London. They were part members clubs, part secret society and they were all based around the fascination of steak.

The clubs celebrated the beef steak as a symbol of prosperity and liberty. The clubs were attended by actors, artists, Statesmen, noblemen, great soldiers and royalty.

The entry requirements were so strict even King George the IV (Prince Regent) was merely placed on the waiting list.

Members wore a blue coat and buff waistcoats with brass buttons bearing a gridiron motif and the words "Beef & Liberty."

Over three hundred years later and we are doing our best to carry on the celebration of the beef steak.

BEEF & LIBERTY FOR ALL!

