



FOR THE TABLE

A basket of bread and grissini 2.50

A dish of mixed marinated olives 2.50

Pain à l'ail (*baguette with garlic butter, herbs, parsley and sea salt*) 2.50

STARTERS

Chorizo sausage, parma ham and salami board
Served with our homemade pitta bread and onion chutney 6.25

Gambas al pil pil
Large peeled king prawns cooked in garlic, extra virgin olive oil, dry sherry and chilli 6.95

Soupe du pêcheur
Our homemade seafood bisque, laced with cream, garlic and brandy, served with croutons and rouille 5.95

Crêpe aux épinards
Our homemade pancake filled with a mixture of prawns and spinach covered in a cheese sauce 5.95

Soupe à l'oignon
Authentic French onion soup topped with a cheese covered crouton 5.30

Fish croquettes
Freshly prepared chopped fresh fish and herbs, bread crumbed and deep fried, served with our own garlic mayonnaise 5.50

Pâté maison
Our delicious homemade smooth and creamy chicken liver and bacon pâté 5.20

Please ask about our daily specialties as each dish is cooked individually to order, some delays may occur

Food allergy information available on request

A discretionary 10% service charge will be added to all bills



FISH

Grilled Scotch salmon fillet	11.95
Baked whole sea bass	15.25
Grilled line caught cod fillet	10.50
Moules marinière Fresh mussels steamed in white wine, garlic, onions and a splash of fresh cream	9.95
Riso con frutti di mare A selection of locally caught seafood blended with basmati rice, mushrooms and a hint of tomato sauce	9.95
Deep fried fish and chips In our homemade batter served with crushed peas and our tartar sauce	12.95
Traditional fishcakes Finely chopped salmon, crab meat, white fish, onion and fresh herbs, blended and fried in breadcrumbs and served with our own sweet chilli dip	10.25
Fish casserole A traditional fish casserole made with locally fresh mixed seafood and served with croutons and rouille	11.95
M E A T	
Côtelettes d'agneau Grilled succulent lamb chops in a white wine, and fresh rosemary sauce	11.75
Pan fried Sussex pork chop (10oz) Served with our baked apple	14.95
Poulet basquaise Tender chicken breast in a rich tomato sauce with garlic, mixed peppers and onions, served with rice	10.95

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STEAKS

We pride ourselves on using the best available prime cut British beef

8 oz Sirloin	16.95
9 oz Rib eye	17.95
7 oz Fillet	18.95
16 oz T-bone	19.95

Choose one of our sauces

Poivre vert

Green peppercorns, cream and brandy

1.95

Il royal

Mushrooms, onions, cream and brandy

1.95

SALAD

Grilled warm chicken and goats cheese

Served on a bed of fresh Mediterranean salad

10.95

SIDE DISHES

Mixed salad

3.65

Chips

2.80

Colcannon

Mash potato mixed with cabbage

2.80

Sauté potatoes

2.80

Buttered fresh leaf spinach

2.50

Mushrooms with garlic butter

3.20

Petit pois

2.30

Fried white onions

2.30

Vegetables of the day

2.50

Grilled tomatoes

2.20

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ILBISTRO.CO.UK



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for breakfast, lunches and dinner**

Private party rooms available for all occasions